

A Physical Rehabilitation Partnership

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Day/Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Goals/Comments/Special Instructions: \_\_\_\_\_

Follow-up Visit (with referring physician) \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**Physical Therapy** Frequency \_\_\_\_/wk Duration \_\_\_\_ wks

**Occupational and/or Hand Therapy**  
Frequency \_\_\_\_/wk Duration \_\_\_\_ wks

**Speech Therapy** Frequency \_\_\_\_/wk Duration \_\_\_\_ wks

**Physiatry/Physician Services**  
Frequency \_\_\_\_/wk Duration \_\_\_\_ wks

**Psychology Services** Frequency \_\_\_\_/wk  
Duration \_\_\_\_ wks

### I certify the necessity of this treatment

Physician Signature \_\_\_\_\_ Date: \_\_\_\_\_ NPI # \_\_\_\_\_

Physician Name (print clearly) \_\_\_\_\_ Tax ID # \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email (if preferred contact method): \_\_\_\_\_

### PHYSICAL THERAPY

#### **EVALUATE & TREAT** ⬇

- Aquatic Therapy
- Back Education & Back School
- Biofeedback
- Electrical Stimulation/TENS
- Energy Conservation
- Facial Palsy
- Falls Prevention
- Flexibility
- Functional Mobility
- Gait Training
- Home Exercise Program
- Manual Therapy
- Posture Training
- Orthotics/Prosthetics
- Orthotic Fabrication
- Stabilization: Lumbar/Cervico-Thoracic
- Strengthening  ROM
- Traction: Cervical/Lumbar
- Ultrasound/Phonophoresis
- Vestibular/Balance Training
- Whirlpool
- Other: \_\_\_\_\_

### WOMEN'S HEALTH

#### **EVALUATE & TREAT** ⬇

- Breast Cancer Rehabilitation
- Contention Program
- Lymphedema Management
  - Upper  Lower
- Pelvic Pain Rehabilitation
- Other: \_\_\_\_\_

### SPEECH/LANGUAGE THERAPY

#### **EVALUATE & TREAT** ⬇

- Augmentative/Alternative Communication
- Cognitive — Communication Treatment
- Communication/Language
- Dysphagia/Swallowing
- Voice
- Patient/Family Education & Training
- Articulation/Phonology
- Accent Modification
- Stuttering
- Other: \_\_\_\_\_

### OCCUPATIONAL THERAPY

#### **EVALUATE & TREAT** ⬇

- ADL/Self-Care
- Assistive/Adaptive Equipment
- Cognitive Skills Training
- Energy Conservation/Joint Protection
- Functional Mobility
- Hand Therapy (see separate category)
- Vision: Evaluate & Treat
- Manual Therapy
- Electrical Stimulation
- Neuro Re-education
- Perceptual Motor Skills Training
- Strengthening  ROM  Dexterity
- Splinting/Orthotic Fabrication/Training
- Work/Community Skills
- Other: \_\_\_\_\_

### HAND THERAPY (PT/OT)

#### **EVALUATE & TREAT** ⬇

- Splinting
  - dynamic  static
  - forearm  hand  finger
  - flexion  extension
- ROM (Range of Motion)
  - AROM  AAROM  PROM
- Strengthening
- Other: \_\_\_\_\_

### PSYCHOLOGY

- Consultation & Treatment
- Adjustment to Illness Counseling
- Healthy Lifestyle Counseling
- Independent Medical Evaluation (IME)
- Medical Illness Counseling
- Neuropsychology Assessment
- Pain Management
- Relaxation Training/Stress Management
- Sleep Hygiene
- Smoking Cessation
- Other: \_\_\_\_\_

### PM&R SERVICES

- Bethesda  Georgetown
- Irving Street  Physiatry
  - Consultation  Treatment
- EMG/Nerve Conduction
- Fluoroscopic Injection (Bethesda, Georgetown)
- Geriatric Rehabilitation
- Independent Medical Evaluation (IME)
- Joint/Trigger Point Injection
- Osteopathic Manipulation (Georgetown, Irving St)
- Oncology Rehabilitation
- Neurological Disorders
- Seating and Mobility Evaluation
- Second Opinion
- Workers' Compensation Evaluation & Treatment

### OCCUPATIONAL REHABILITATION (PT/OT)

- Back Education & Training
- Functional Capacity Evaluation (FCE)
- Work Conditioning
- Worksite Evaluation/Ergonomic Analysis
- Other: \_\_\_\_\_

### ADDITIONAL PROGRAMS

- Acupuncture\*\*
- Amputee Program/Vascular/Pain\* (MD, PT, Psy)
- Baclofen Pump Maintenance/Refills\*
- Cerebral Palsy Interdisciplinary Clinic\*
- Chronic Pain Management\*\* (MD, PT, OT, Psy)
- Continence/Pelvic Pain\*\* (men & women)
- Driving Evaluation (PT/OT/RE)\*
- Fibromyalgia Management
- Foot & Running Clinic
- Modified Barium Swallow\*
- Neurological Day Treatment Program\* (Stroke, TBI)
- Post-Polio Clinic\* (PT, OT, SW, MD)
- Rehab Engineering Assistive Technology\*
- SCI Fertility Clinic\*
- Seating/Mobility Clinic(PT/OT/RE)
- Spasticity Clinic (Botox Injections)\* (MD,PT)
- Spinal Cord Injury Day Treatment Program\*
- Vocational Rehabilitation\*
- Wound Clinic\*
- Other: \_\_\_\_\_

\* Irving Street /Main Hospital outpatient location only. \*\*Services only offered at limited locations; please call location nearest you for assistance to find where offered.

## **Washington, DC**

### **National Rehabilitation Hospital**

102 Irving Street, NW  
Washington, DC 20010.2949

### **Outpatient Center for Orthopedic Rehabilitation (OCOR)**

A part of NRH Regional Rehab

202.877.1566  
202.877.1113 FAX

### **NRH Regional Rehab at Irving Street**

202.877.1760  
202.829.2789 FAX

### **Outpatient Physicians Center**

202.877.1621

### **NRH Regional Rehab at K Street\***

2021 K Street, NW, Suite 215  
Washington, DC 20006-1003  
202.466.9719  
202.466.9465 FAX

### **NRH Regional Rehab at 19th Street\***

1145 19th Street, NW, Suite 403  
Washington, DC 20036.3701  
202.721.7680  
202.955.7998 FAX

## **Virginia**

### **NRH Regional Rehab at Ballston**

3833 North Fairfax Drive, Suite 300  
Arlington, VA 22203  
703.717.6900  
703.717.6909 FAX

## **Montgomery County**

### **NRH Regional Rehab at Bethesda\***

6410 Rockledge Drive, Suite 600  
Bethesda, MD 20817.1844  
301.581.8030  
301.581.8031 FAX

### **NRH Regional Rehab at Friendship Heights\***

5530 Wisconsin Avenue, Suite 960  
Chevy Chase, MD 20815.4404  
301.986.4745  
301.657.4678 FAX

### **NRH Regional Rehab at Germantown (Suburban Wellness Center)\***

20500 Seneca Meadows Parkway, Suite 101  
Germantown, MD 20876  
301.916.8500  
301.528.6258 FAX

### **NRH Regional Rehab at Germantown\* (Executive Park Terrace)**

13247 Executive Park Terrace  
Germantown, MD 20874.2648  
301.601.2892  
301.515.7457 FAX

### **NRH Regional Rehab at Montrose (Rockville)\***

6001 Montrose Road, Suite 101  
Rockville, MD 20852  
301.984.6594  
301.984.7271 FAX

### **NRH Regional Rehab at Olney\*\*\***

18109 Prince Phillip Drive, Suite 155  
Olney, MD 20832.1591  
301.570.3138  
301.570.3139 FAX

### **NRH Regional Rehab at Wheaton\***

Westfield North  
2730 University Boulevard West, Suite 812  
Wheaton, MD 20902.1977  
301.962.7612  
301.962.7782 FAX

## **Prince George's County**

### **NRH Regional Rehab at Mitchellville**

12140 Central Avenue  
Mitchellville, MD 20721.1932  
301.390.3076  
301.390.3725 FAX

### **NRH Regional Rehab at Oxon Hill**

6196 Oxon Hill Road, Suite 450  
Oxon Hill, MD 20745.3108  
301.839.0400  
301.839.0130 FAX

## **Baltimore Area**

### **Union Memorial Sports Medicine at Bel Air**

A part of NRH Regional Rehab  
658 Boulton Street, Suite A  
Bel Air, MD 21014.4214  
410.638.9400  
410.638.9061 FAX

### **NRH Regional Rehab at Dundalk**

1576 Merritt Boulevard, Suite 7  
Baltimore, MD 21222.2114  
410.650.2145  
410.282.5955 FAX

### **NRH Regional Rehab at Good Samaritan Hospital**

Walker Building, First Floor  
5601 Loch Raven Boulevard  
Baltimore, MD 21239.2905  
443.444.5757  
443.444.5750 FAX

### **Harborview Sports Medicine & Physical Therapy**

A part of NRH Regional Rehab  
2900 South Hanover Street  
Suite 102  
Baltimore, Maryland 21225  
410.350.8372  
410.350.3821 FAX

### **NRH Regional Rehab at White Marsh**

5009 Honeygo Center Drive, Suite 209  
Perry Hall, MD 21128  
443.725.2150  
443.725.2155 FAX

### **NRH Regional Rehab at Wilkens Avenue**

3455 Wilkens Avenue, Suite 306  
Baltimore, MD 21229  
410.737.8418  
410.536.7127 FAX

### **Curtis National Hand Center at Lutherville**

A part of NRH Regional Rehab  
1400 Front Avenue, Suite 205  
Lutherville, MD 21093.5363  
410.823.4263  
410.823.1861 FAX

### **Union Memorial Sports Medicine at Lutherville**

A part of NRH Regional Rehab  
1407 York Road, Suite 100  
Lutherville, MD 21093.6077  
410.512.5820  
410.512.5859 FAX

### **Union Memorial Sports Medicine at Stadium Place**

A part of NRH Regional Rehab  
900 East 33rd Street  
Baltimore, MD 21218  
410.366.0791  
410.366.0930 FAX

## **Howard County**

### **NRH Regional Rehab at Dorsey Hall (Ellicott City)**

Dorsey Hall Medical Center  
9501 Old Annapolis Road, Suite 125  
Ellicott City, Maryland 21042  
410.997.1063  
410.997.1408 FAX

## **Southern Maryland**

### **NRH Regional Rehab at Chesapeake Beach†**

8501 Bayside Road, Suite C-4  
Chesapeake Beach, MD 20732  
410.286.2504  
410.286.2506 FAX

### **NRH Regional Rehab at Dunkirk†**

10845 Town Center Boulevard, Suite 100  
Dunkirk, MD 20754.2721  
410.257.5263  
301.855.5309 DC Metro Area  
410.257.5341 FAX

### **NRH Regional Rehab at Prince Frederick North†**

120 Hospital Road, Suite 100  
Prince Frederick, MD 20678.4019  
410.535.8180  
301.855.9327 DC Metro Area  
410.535.8325 FAX

### **NRH Regional Rehab at Prince Frederick South†**

220 Solomon Island Road South  
Prince Frederick, MD 20678.4019  
410.535.3416  
301.855.1903 DC Metro Area  
410.414.5930 FAX

### **NRH Regional Rehab at St. Mary's\*\***

24035 Three Notch Road (Site location)  
P.O. Box 940 (Mailing address)  
Hollywood, MD 20636  
301.373.2588  
301.373.4558 FAX

### **NRH Regional Rehab at Solomons†**

14090 Solomons Island Road South,  
Suite 1500  
P.O. Box 1694  
Solomons, MD 20688  
410.394.2838  
301.855.1013 DC Metro Area  
410.326.5369 FAX

### **NRH Regional Rehab at Waldorf\*\***

3 Post Office Road, Suite 105  
Waldorf, MD 20602  
301.893.2345  
301.638.1783 FAX

## **Anne Arundel County**

### **NRH Regional Rehab at Pasadena**

8109 Ritchie Highway  
Pasadena, MD 21122.6917  
410.590.8750  
410.590.8755 FAX

## **Eastern Shore**

### **Peninsula NRH Regional Rehab‡**

1655 Woodbrooke Drive, Suite 102  
Salisbury, MD 21804  
410.546.2702  
410.546.8272 FAX

[www.nrhrehab.org](http://www.nrhrehab.org)

NRH Regional Rehab is a growing network of outpatient therapy centers located throughout Maryland, the District of Columbia and Northern Virginia. It is a part of the National Rehabilitation Hospital (NRH). A number of centers are a joint service of NRH and MedStar Health; NRH and Suburban Hospital (\*); NRH, Calvert Memorial Hospital and Calvert Physical Therapy and Sports Fitness Center (†); NRH, Calvert Memorial Hospital, Calvert Physical Therapy and Sports Fitness Center, Civista Hospital and St. Mary's Hospital (\*\*); NRH, Montgomery General Hospital and Suburban Hospital (\*\*); and NRH and Peninsula Regional Health System (‡)