

## FAQs

### What is an EMG?

EMG stands for Electromyography. The doctor uses needle electrodes to test your nerve and muscle function.

### Will it Hurt?

It is an electric shock that doesn't hurt you, but it may surprise you a bit.

### How should I prepare for it?

1. Do not use lotion or other skin lubricants on the day of your test because it will prevent the electrodes from sticking.
2. Do take your regular medicines (even if that includes pain medicine)
3. Do not take extra pain medication before the test.
4. Do tell the doctor if you are taking any blood thinner.
5. Bring your doctors's orders for the EMG and other Xray reports such as your MRI results.

### How long will it take? Can I go back to work after the EMG?

The test usually requires at least an hour, possibly up to 2 hours. You can resume normal activity after the test.

### Do I have to repeat the test?

Generally, no but if you cannot complete the test, the doctor may have you return to complete the test.